

Season 18, Episode 36

Petrified Past-Life Pulse Flash Spell by Allie Theiss © Allie Theiss LLC, 2023

Ingredients:

1. A piece of petrified wood (representing ancient energy and deep memories)
 2. A candle (preferably purple for psychic abilities and connection to the spiritual realm)
 3. A vial of moon water (charged under a full moon to harness lunar energy)
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Instructions:

1. Find a quiet, serene space where you won't be disturbed.
2. Lay on a flat surface, whether a floor or a comfortable mat.
3. Position the petrified wood on your third eye (the area between your eyebrows).
4. Light the purple candle and place it in front of you, where you can see the flame easily, but ensure it is safely distant.
5. Hold the vial of moon water in your left-hand if you're right-handed or right-hand if you are left-handed.
6. Take deep breaths and focus on the candle's flame.
7. As you breathe in, visualize the ancient energies from the petrified wood flowing into your third eye. As you breathe out, imagine yourself descending into the layers of your past lives.
8. Silently or out loud, repeat the following incantation:

"Wood of age, flame of sight, Water of moon, take me back this night. Reveal the lives I've lived before, Open the memory's hidden door."

9. After reciting the incantation, gently anoint your third eye (the space between your eyebrows) with a drop of the moon water using your index finger. The moon water enhances psychic abilities and deepens the connection to the spiritual realm, assisting the regression process.

"By the moon's grace and watery sheen, Unveil the lives that have been."

10. Spend 15-20 minutes meditating on this incantation and visualizing your journey backward in time. If memories or visions arise, allow them to flow without judgment.
11. When you're ready to return, take a deep breath and visualize yourself anchored to the present moment. Remove the petrified wood from your third eye and extinguish the candle.
12. Ground yourself by drinking water or having a light snack.

After completing the ritual, you can store the vial of moon water for future use. Moon water is versatile and can be used in various other rituals or spells or even as an energizing drink or plant nourishment, depending on the intention it was charged with. Always store it in a cool, dark place and ensure it remains clean. If you decide to consume it, ensure that the water is originally potable and free from contaminants.