

Season 18, Episode 35

"Ginger Passion Flash Spell

Ingredients:

- Ginger essential oil
 - A small piece of paper w/a pen with red ink
 - A red or pink candle
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Instructions:

1. **Setting the Intent:** Begin by meditating for a few minutes, focusing on your intention. Visualize a loving and passionate connection with your partner. Feel the warmth, trust, and intimacy that you wish to achieve.
2. **Writing Down Desires:** On a small piece of paper, jot down (using the red ink pen) what you desire in your sex life — whether it's intimacy, trust, passion, or any other feelings or experiences you want to manifest.
3. **Anoint the Candle:** Drip a few drops of ginger oil onto the candle, rubbing the candle nine times from the middle up and nine times from the middle down while thinking about your desires. Ginger is known for its warming and invigorating properties, making it apt for this intention.
4. **Light and Release:** Light the candle. As the flame burns, imagine it amplifying your intention and sending it out into the universe. Let the candle burn down completely or for as long as you feel is necessary. Afterward, either bury (in a potted plant or outside) or burn the piece of paper safely, releasing your desires into the world.