



# Telepathic Sex Energy Guide

Telepathic energy tools for you to get the most out of your telepathic sex sessions from [OutofBodyEcstasy.com](http://OutofBodyEcstasy.com)

# Pesky Legal Stuff

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# Your Energy Tools

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# Top 3 Telepathic Sex Energy Life Hacks

**Telepathic sex takes imagination and energy.** Imagination is easy to get into - we ALL have a terrific imagination, even if it's been awhile since we used it. We can daydream like it's no big deal.

But energy, on the other hand, can be difficult to muster up - especially if we're in a piss poor mood.

Raising energy so that you can engage in telepathic sex doesn't have to take hours or cost you \$\$\$\$\$. Here are a few of my favorite telepathic sex life hacks.

## Top 3 Telepathic Sex Life Hacks

1. **Take a chill on eating red meat.** Cut it back to once (or better yet none) a week. Red meat grounds your energy and makes it difficult to connect. Cutting it out altogether would be a win-win for your energy & your physical health.
2. **Strive to feel joy every day.** Embrace life. Strive for happiness and your energy responds. Everything you want (love, money, sex, etc..) will fall into place. Makes it easier to connect and to sustain that connection.
3. **Become BFFs with flower essences.** A flower essence works with your energy body ONLY so it does not interfere with any medications you take. I won't tell you WHAT to take as you cannot possibly choose wrong. Your inner voice WILL send you to what you need. My two favorite

places that I trust - [Green Hope Farms](#) & [Flower Essence Society](#). Both ship worldwide & have excellent customer service. Have a question - ask them.

# Give Yourself A Telepathic Boost!

Making an elixir for **telepathic sex** is easy to do. It **boosts your connection strength** and length of the connection. It can also help a two-dimensional experience turn into a three-dimensional experience- which is always fun!

## Telepathic Sex Elixir

### Supplies:

- 1 large glass bowl
- 1 small glass bowl or drinking glass
- Spring water
- 1 fluorite (increases mental energy), 1 opal or apophyllite (facilitates telepathy), 1 Faden quartz (solidifies and strengthens connection), and 1 garnet or ruby (sexual stimulant).
- 1 bottle/glass w/lid
- Plastic wrap

**Mix under a full moon (but can be done at any time).**

### Steps:

- Place the stones in the small glass bowl/glass
- Put the small glass bowl/glass into the larger glass bowl
- Fill the large glass bowl with spring water
- Cover all in plastic wrap

- Set in the light of the full moon. Leave it for 3 nights.
- On the 4th day, pour the charged water into the bottle.

Sip on the water, as needed, before you engage in **telepathic sex**. Cap and store in the fridge. Will last about a month. If you want to make it last longer - add some whiskey to the mix.

# Telepathic Sex Mudra

Mudras are energy movements. Telepathic sex is the ability to connect your personal energy & mind with another's person energy and mind. This telepathic sex mudra will help you strengthen your connection + allow the sexual energy to flow.

## Telepathic Sex Mudra

- Bring the thumb and the index finger - not pressing hard, while all other fingers are kept upright. Keep the thumb & index finger lightly touching. Do so with both hands.
- Next bring the two hands together - thumb/index touching thumb/index.
- With the rest of your fingers, make a triangle.
- Place your hands in front of your 3rd eye/brow chakra (in the middle of your forehead).
- Hold it there for at least 3 min. (unless it gives you a headache - then for 30 sec the 1st time and work your way up)
- Do this before you connect telepathically to your sex partner.

This will not only help you with telepathic sex - but will also help open up your psychic powers.

**\*\*To add variety - invert your hands (fingers pointing down) and place them in front of your sacral chakra. Opens up your sexual energy like a faucet!\*\***

# Have A Question?

This is your chance to "Rent My Brain."

*Soulmates & Twin Flame*

*Telepathic sex*

*Astral sex*

*Energy/Chakra*

*Love/Romance*

*Unexplained events*

**BOOK A CONSULTATION**

